Leader's Notes for

MULTIPLY

FRUITFUL
DISCIPLE SERIES
ABIDING IN CHRIST. BEARING FRUIT.

MAKING DISCIPLES THAT
MAKE DISCIPLES

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MULTIPLY:
Making Disciples that Make Disciples Leader's Notes

The Two Primary Responsibilities of a MULTIPLY Leader

As you lead others through MULTIPLY, I want to encourage you to focus on two important responsibilities.

1. Help Your Participants Understand What They're Learning
MULTIPLY is designed to help ordinary Christians learn how to make disciples of Jesus. Each chapter introduces biblical principles and practical steps that participants can put into practice.

Your responsibility as a leader is not to reteach every chapter, but to make sure participants understand what they're learning. Encourage questions, clarify anything that may be confusing, and help participants think through how the principles apply to their own lives.

2. Encourage and Hold Your Participants Accountable to Put What They're Learning into Practice
Jesus commanded His followers in Matthew 28:19 to go and make disciples. And in John 14:21, He reminds us that those who love Him keep His commandments.

Our goal in MULTIPLY is not simply to help participants understand disciple making. It is to help them actually become disciple makers!

Throughout your meetings, encourage participants to take specific steps toward investing in the spiritual growth of others. Ask about their progress, help them work through obstacles, and encourage them when they become hesitant or discouraged.

Some participants may feel inadequate or uncertain about how to begin. Others may be enthusiastic at first but struggle to follow through. Your encouragement, prayer, and accountability can make an enormous difference.

Remember, the ultimate goal is not simply to finish MULTIPLY. It is to see participants faithfully obey Jesus' command to make disciples who will, in turn, help others become fruitful disciples of Jesus.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

Because your participants love Jesus, encourage them not only to learn how to make disciples, but to put what they're learning into practice. Help them take the next steps toward faithfully obeying His command!

Called to Serve Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter establishes an important foundation for MULTIPLY: God has called every Christian to contribute to the growth of Christ's body. We do this by serving, loving, and encouraging one another, using the gifts, abilities, experiences, and opportunities God has given us.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand that serving others isn't simply something for pastors, missionaries, or church leaders. Every Christian has a role to play!

Encourage participants to discuss:

- What did you learn about your responsibility to serve others?
- Do you have any questions about the biblical principles presented in this chapter?
- How might serving others prepare you to invest more intentionally in the spiritual growth of others?

2. Are they taking steps to obey what Jesus commanded?
The goal of this chapter isn't simply for participants to recognize that they should serve others. It's for them to begin taking practical steps to do so.

Pay particular attention to the My Commitment statement this week question at the end of the chapter. Encourage each participant to identify one specific action they will take this week to serve, love, or encourage another believer.

At your next meeting, follow up on those commitments. Celebrate the steps participants have taken, and encourage anyone who struggled to follow through. Help them recognize that faithful service is part of preparing to become a disciple maker.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

Because your participants love Jesus, encourage them not only to learn how to make disciples, but to put what they're learning into practice. Help them take the next steps toward faithfully obeying His command!

Investing in the Spiritual Growth of Others Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter builds on Called to Serve by introducing a particularly important way Christians can serve others: intentionally investing in their spiritual growth. Our goal isn't simply to help others gain biblical knowledge, but to help them grow toward maturity in Christ and eventually become disciple makers themselves.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand the multiplication principle in 2 Timothy 2:2 and recognize that Jesus' command to make disciples applies to every Christian, not just pastors, missionaries, and ministry leaders.

Encourage participants to discuss:
- What is the difference between helping someone grow spiritually and equipping that person to disciple others?
- What have you learned from Christians who have invested in your spiritual growth?
- What questions or concerns do you have about your own ability to make disciples?

2. Are they taking steps to obey what Jesus commanded?
One of the most important goals of this chapter is helping participants recognize that disciple making is something Jesus has called them personally to do. Some may feel unqualified or uncertain about how to begin. Encourage them that the coming chapters will provide practical instruction to help them become confident disciple makers.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific step they will take this week toward intentionally investing in another believer's spiritual growth.

At your next meeting, follow up on those commitments. Encourage participants who have taken steps forward, and help those who are hesitant work through whatever may be holding them back.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior (and Master!) Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

Because your participants love Jesus, encourage them not only to learn how to make disciples, but to put what they're learning into practice. Help them take the next steps toward faithfully obeying His command!

Introduction to the Disciple Making Process Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter introduces the multiplication principle at the heart of disciple making. Our goal isn't simply to help another Christian become spiritually mature, but to equip that person to eventually invest in the spiritual growth of others. As we see in 2 Timothy 2:2, this process can continue through successive generations of disciples.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand that disciple making is a relational process involving biblical instruction, encouragement, accountability, and time spent together. Also emphasize that they don't need years of ministry experience or all the answers to begin helping someone else grow spiritually.

Encourage participants to discuss:
- What excites you most about the potential of spiritual multiplication?
- What concerns or uncertainties do you have about your ability to make disciples?
- How does knowing that the coming chapters will walk you through the process affect your willingness to get started?

2. Are they taking steps to obey what Jesus commanded?
At this stage of MULTIPLY, participants are preparing to learn the practical steps of disciple making. Your responsibility as a leader is to help them approach these chapters with a willingness to learn and a genuine commitment to put what they're learning into practice.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific action they will take this week to become better equipped to invest in another believer's spiritual growth.

At your next meeting, follow up on those commitments. Encourage participants who are making progress, and help those who may be hesitant to recognize that becoming a disciple maker is something they can learn to do. Remind them that God can use ordinary Christians who are willing to faithfully invest in the lives of others.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

Because your participants love Jesus, encourage them not only to learn how to make disciples, but to put what they're learning into practice. Help them take the next steps toward faithfully obeying His command!

The Basics of Disciple Making Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter establishes some of the foundational principles of disciple making. Before moving into the practical steps in the coming chapters, it's important that participants understand the terminology, particularly the differences between being a disciple, making disciples, practicing spiritual disciplines, and experiencing spiritual formation.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand that disciple making is an intentional, life-on-life relationship that takes place over an extended period of time. The goal isn't simply to help another Christian gain biblical knowledge, but to help that person grow toward spiritual maturity and eventually become equipped to disciple others.

Encourage participants to discuss:

- How would you explain disciple making to someone who has never experienced it?
- Why is disciple making more than completing a curriculum or attending a Bible study?
- Are there any terms or principles from this chapter that you would like to understand more clearly?

2. Are they taking steps to obey what Jesus commanded?
This chapter makes an important point: disciple making isn't reserved for pastors, missionaries, or other ministry professionals. Jesus has called every Christian to participate in making disciples, and participants need to recognize that this responsibility includes them personally.

As you discuss the chapter, pay attention to anyone who seems hesitant or uncertain about their ability to make disciples. Remind them that they don't need to know everything or have years of ministry experience to begin. What they do need is a willingness to keep growing in their own relationship with Christ and to faithfully invest in the spiritual growth of others.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific step they will take this week to strengthen their understanding of disciple making or prepare themselves to begin investing in another believer.

At your next meeting, follow up on those commitments. Encourage participants to keep moving forward, even if they're uncertain about their abilities or what lies ahead.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

Because your participants love Jesus, encourage them not only to learn how to make disciples, but to put what they're learning into practice. Help them take the next steps toward faithfully obeying His command!

Prepare Yourself to Make Disciples Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter establishes an important principle of disciple making: You can't give someone something you don't already have! Before we can effectively invest in the spiritual growth of others, we need to be growing in our own relationship with Jesus Christ.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand the essential qualities of a disciple maker: a genuine relationship with Christ, a foundational understanding of Scripture, a willing heart, and the courage to begin. They don't need to have all the answers or have reached spiritual perfection, but they should be faithfully pursuing maturity in their own walk with Jesus.

Also emphasize the importance of practicing the spiritual disciplines, since participants will eventually be helping others develop these same practices in their lives.

Encourage participants to discuss:
- Why is it important to be practicing the very things we hope to teach others?
- Which spiritual disciplines have been most helpful in your own growth toward maturity in Christ?
- Are there any areas where you feel spiritually unprepared to begin making disciples?

2. Are they taking steps to obey what Jesus commanded?
This chapter provides an opportunity for participants to honestly evaluate their spiritual lives and identify areas where they need to grow. Encourage them to take this self-examination seriously, while reminding them that they don't need to become perfect Christians before beginning to make disciples.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific action they will take this week to strengthen their relationship with Christ and better prepare themselves to invest in another believer's spiritual growth.

You might also encourage participants to review the twelve spiritual disciplines in the Resources section of MULTIPLY and identify one they need to practice more consistently.

At your next meeting, follow up on those commitments. Celebrate progress, encourage those who may be struggling, and remind everyone that their own spiritual growth is an important part of becoming an effective disciple maker.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

Because your participants love Jesus, encourage them not only to learn how to make disciples, but to put what they're learning into practice. Help them take the next steps toward faithfully obeying His command!

Intentionality in Disciple Making Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter emphasizes the importance of living intentionally for Christ. As we see in Philippians 1:21–26, Paul viewed his remaining days as opportunities for fruitful labor, including helping others grow in their relationship with Christ. Making disciples requires that same intentionality, as we make decisions about how to invest our time, energy, and resources.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand the intention-action gap that can exist between what we say we believe and how we actually live. Also emphasize the value of developing a personal mission statement and becoming familiar with the practical tools that can help them make disciples.

Encourage participants to discuss:
- What does Paul's example teach us about living intentionally for Christ?
- Where might there be a gap between your desire to obey Jesus and the way you're currently spending your time?
- How could a personal mission statement or the disciple-making tools introduced in this chapter help you become more intentional?

2. Are they taking steps to obey what Jesus commanded?
This chapter presents an opportunity to help participants move beyond good intentions and begin making concrete plans to obey Jesus' command to make disciples.

Encourage participants to honestly consider whether making disciples is becoming a priority in their lives. Remind them that good intentions alone won't produce fruitful disciple-making relationships. They need to begin making decisions and taking actions that reflect their commitment to obey Christ.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific step they will take this week, whether that's beginning to develop a personal mission statement, seeking training in evangelism, or becoming familiar with one of the disciple-making tools provided in MULTIPLY.

At your next meeting, follow up on those commitments. Ask participants what they accomplished and whether they encountered any obstacles. Encourage them to continue making practical changes that will help them live more intentionally for Christ and prepare them to invest in the spiritual growth of others.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

Because your participants love Jesus, encourage them not only to learn how to make disciples, but to put what they're learning into practice. Help them take the next steps toward faithfully obeying His command!

Finding Faithful People Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter introduces one of the most important practical steps in disciple making: prayerfully identifying and selecting people in whom to invest. As we see in Jesus' example, selecting people to disciple should be approached with prayer, careful consideration, and a willingness to invest in ordinary Christians who desire to grow spiritually.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand the three characteristics to look for in potential disciples: Faithful, Available, and Teachable (FAT). They should also understand the importance of extending a thoughtful invitation that allows the other person to consider and pray about entering into a disciple-making relationship.

Encourage participants to discuss:
- Why are faithfulness, availability, and teachability important qualities in someone you might disciple?
- What can we learn from Jesus' example of praying before selecting His disciples?
- What questions or concerns do you have about approaching someone and inviting them into a disciple-making relationship?

2. Are they taking steps to obey what Jesus commanded?
This chapter represents an important step toward actually making disciples. Participants should now begin moving from learning about disciple making to prayerfully identifying people with whom they might begin meeting.

As you discuss the Apply and Commit questions, encourage participants to think about Christians they already know, particularly those in their local churches, who demonstrate faithfulness, availability, and teachability. Remind them not to overlook ordinary Christians who may not stand out as obvious candidates but have a genuine desire to grow in Christ.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific action they will take this week, whether that's praying for someone by name, getting to know a potential disciple better, or preparing to invite someone to begin meeting together.

At your next meeting, follow up on those commitments. Ask participants whether they've identified potential disciples and what steps they've taken toward approaching them. Encourage anyone who feels hesitant about making the invitation, and help them think through how they might take that next step.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

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Fruitful Disciple Making Meetings Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter provides practical guidance for conducting fruitful disciple-making meetings. One of its central principles is the importance of being both relational and intentional. Disciple makers need to genuinely care about the people they're investing in while also having a clear plan for helping them grow toward spiritual maturity and eventually disciple others.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand the three important components of a fruitful disciple-making meeting: Investment in the Relationship, Teaching on Ministry and Life Skills, and Character Development. Also help them understand the five indicators of spiritual growth presented in the chapter and how these can help them recognize progress in the lives of those they're discipling.

Encourage participants to discuss:
- Do you naturally lean more toward being relational or intentional, and how might that affect your disciple-making meetings?
- Which of the three meeting components would be easiest for you, and which might require more effort?
- How can you recognize genuine spiritual growth rather than simply increased biblical knowledge?

2. Are they taking steps to obey what Jesus commanded?
This chapter gives participants the practical framework they need to begin meeting regularly with someone in a disciple-making relationship. Encourage them to recognize that they don't need to develop a complicated program or have everything figured out before they begin.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific action they will take this week to prepare for fruitful disciple-making meetings. This might include reviewing the 24 weekly topics in the Resources section, developing a simple plan for their first meeting, or considering how to balance relational investment with intentional spiritual growth.

For participants who have already identified someone they would like to disciple, encourage them to continue moving toward beginning that relationship. Those who have already started meeting with someone can consider how to incorporate the three meeting components into their time together.

At your next meeting, follow up on those commitments. Ask participants what steps they've taken and whether they need help overcoming any uncertainties about beginning or leading their meetings.

Weekly Reminder: Keep the Goal in Sight!

Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

Because your participants love Jesus, encourage them not only to learn how to make disciples, but to put what they're learning into practice. Help them take the next steps toward faithfully obeying His command!

Obstacles You'll Face in Disciple Making Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter identifies four common obstacles that can hinder fruitful disciple making: apathetic busyness, fear and a lack of trust in God, the challenges of authenticity and accountability, and spiritual opposition. Recognizing these obstacles ahead of time can help participants prepare to respond faithfully when difficulties arise.
As you discuss the chapter's Take Your Next Steps questions, make sure participants understand that obstacles are a normal part of disciple making and don't necessarily mean they're doing something wrong. Emphasize the encouragement found in Matthew 28:18–20: Jesus has all authority, commands us to make disciples, and promises to be with us as we obey Him.

Encourage participants to discuss:
- Which of the four obstacles do you think would be most challenging for you personally?
- How can Jesus' authority and His promise to be with us help overcome fear and uncertainty?
- Why are authenticity and accountability important, even when they make disciple-making relationships uncomfortable?

2. Are they taking steps to obey what Jesus commanded?
This chapter provides an opportunity to help participants recognize and address anything that may be keeping them from beginning or continuing a disciple-making relationship. Encourage them to be honest about their struggles without allowing those struggles to become excuses for disobedience.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific action they will take this week to overcome an obstacle. This might include adjusting their schedule to make time for disciple making, asking another Christian to hold them accountable, or taking a step of faith toward someone they could begin discipling.

For participants who have already begun meeting with someone, encourage them to share any challenges they've encountered and discuss how the biblical principles in this chapter might help them respond.

At your next meeting, follow up on those commitments. Ask participants what steps they've taken, what obstacles remain, and how you can encourage or pray for them. Remind them that difficulties need not prevent them from faithfully obeying Jesus' command to make disciples.

Weekly Reminder: Keep the Goal in Sight!

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The 2 Timothy 2:2 Principle: Giving the Ministry Away Leader's Notes

As you lead the discussion about this chapter, keep these two priorities in mind:

1. Did my participants understand what they learned?
This chapter brings us to the ultimate goal of MULTIPLY: equipping Christians who will go on to make disciples themselves. As Paul instructs Timothy in 2 Timothy 2:2, disciple making should produce successive generations of believers who are prepared to invest in the spiritual growth of others.

As you discuss the chapter's Take Your Next Steps questions, make sure participants understand the importance of communicating this vision from the beginning of a disciple-making relationship. Also emphasize the five indicators of readiness for disciple making and the process of gradually transitioning from regular meetings to a relationship where the person they've discipled is now making disciples themselves.

Encourage participants to discuss:
- Why is equipping someone to disciple others such an important part of fruitful disciple making?
- How can you help someone you're discipling understand and embrace the vision of spiritual multiplication?
- How would you recognize when someone is ready to begin discipling others?

2. Are they taking steps to obey what Jesus commanded?
As participants approach the end of MULTIPLY, your responsibility as a leader is to help them recognize that completing this study is not the ultimate goal. The goal is for them to become fruitful disciple makers who will eventually equip others to do the same.

Encourage participants to evaluate their own readiness to make disciples using the five indicators presented in this chapter. Remind them that spiritual reproduction begins with their willingness to invest in another Christian, and that they should be preparing that person to eventually do the same.

Pay particular attention to the My Commitment statement at the end of the chapter. Encourage each participant to identify one specific action they will take this week toward putting the 2 Timothy 2:2 principle into practice. This might include identifying someone to disciple, discussing spiritual multiplication with someone they're already discipling, or helping a developing disciple maker prepare to invest in someone else.

At your next meeting, follow up on those commitments. Encourage participants to continue moving toward active disciple making, and remind them that their investment in another person's spiritual growth can have an impact far beyond that one relationship.

Weekly Reminder: Keep the Goal in Sight!
Our Lord and Savior Jesus commands us in Matthew 28:19 to "Go therefore and make disciples of all nations." He also reminds us in John 14:15, "If you love me, you will keep my commandments."

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How to Use the Resources Leader's Notes

Because some of you may also be new to the disciple-making process, let me offer a few thoughts about what you'll find in the Resources section of MULTIPLY and how you can help your participants use these materials effectively.

The 24 Weekly Disciple-Making Lessons
As I've mentioned throughout this book, one of the challenges new disciple makers face is simply not knowing what to do when they begin meeting with someone. What should they talk about? What should they teach? How should they structure their time together?

To help eliminate these obstacles, I've provided 24 weekly lesson plans that cover what I believe are some of the most important topics a fruitful disciple of Jesus should understand and put into practice.

Each lesson provides a practical framework for a disciple-making meeting, including why the topic is important, relevant Scripture passages, points of application, and the desired outcome of the time together.

One important point to emphasize to your participants: Although I've organized these lessons around 24 weekly meetings, that doesn't mean every topic must be completed in a single week.

Sometimes the person you're discipling may need additional time to understand or apply a particular biblical principle. You may spend two or three weeks on one topic, or you may need to revisit it repeatedly as you continue meeting together.

For example, if someone you're discipling struggles with anger, you may need to return to that topic regularly. You can review the Scripture passages you've studied together, discuss how they're applying those truths, and encourage them to continue surrendering that area of their life to Christ. Genuine spiritual transformation often takes time, and that's perfectly OK!

Remember, the goal isn't to complete 24 lessons in 24 weeks. The goal is to help someone grow toward maturity in Christ and become equipped to disciple others.

The Christian Growth Toolbox
I've also created a YouTube channel called **The Christian Growth Toolbox**, where I've covered these 24 topics in greater detail.

As you lead your participants through MULTIPLY, you might encourage them to watch these videos to become more familiar with the topics they'll eventually be teaching others. They can be especially helpful for someone who is preparing to lead their first disciple-making relationship.

The Spiritual Disciplines

You'll also find a list of spiritual disciplines in the Resources section. I encourage you to become familiar with these and use them as practical tools to help your participants continue growing in their own relationships with Christ.

Remember, as we've discussed throughout MULTIPLY, we can't give someone something we don't already have! Encourage your participants to be practicing these disciplines themselves as they prepare to teach them to others.

A Final Word of Encouragement

Finally, let me say how thankful I am that you're investing your time in helping others become disciple makers!

What you're doing is tremendously important. As Christians faithfully proclaim the Gospel and invest in the spiritual growth of others, we're participating in God's work of reaching the world for Christ.

My prayer is that the people you're leading through MULTIPLY will not only become fruitful disciple makers themselves, but will go on to equip many others to do the same.

Thank you for being part of that mission!